



MARCH 13-15, 2020

STATE COLLEGE, PA

2020 PA XCEL

STATE CHAMPIONSHIPS

COMPETITION INFORMATION

Competition Dates: March 13-15, 2020

Competition Site: Nittany Valley Sports Centre
177 Champion Drive
State College, PA 16803

Host Club: Centre Elite Gymnastics- State College, PA (814) 380-0894

Meet Director: Heather Kikel
Email: heather@centreelitegym.com
Phone: 814-380-0894

Meet Website: www.centreelitegymnastics.com/2020paxcelstates

Entry Fees: \$85.00/ gymnast \$50.00/ team

Registration: The qualifying score is 35.00 for AA Athletes. All registrations must be made through meetmaker.com. Online payment is required at time of registration. Please note MeetMaker charges a 3% charge for credit card payments. No additional charge for payments made via ACH from checking account. A \$25/gymnast late fee will be added through MeetMaker for entries received after February 21, 2020.

Meet Format: Modified Capitol Cup- 1 Gym with 2 sets of identical equipment. Flight A competes on one set, Flight B on the other set. Floor and 8' x 60' Tumble strip. Timed warm ups per level of gymnast on competition equipment prior to competition- no 30 second touch.

Awards: Individual and All Around awards will be presented to each age group at the conclusion of the competition - 25% in each age group. Team awards will be presented for each level at the conclusion of the competition- 50% of teams entered per level not exceeding 10 places.

Competition Schedule: Final session times will be posted on pagymnastics.com, meetmaker.com and centreelitegymnastics.com/2020paxcelstates.

Coaches Information: A coaches meeting will be held at the start of each session. Coaches hospitality is provided onsite. Snacks & beverages will be available throughout the day.

Equipment: Equipment and matting provided by Cornerstone Gymnastics Rental Equipment

VAULT	BARS	BEAM	FLOOR
<ul style="list-style-type: none">• AAI Vault Tables• AAI Tac 10 Vault Boards• Mini Tramp Boards• Vault Runway (1-3/8" x 3' x 82') with Measuring Tape	<ul style="list-style-type: none">• AAI Uneven Bars• FSA Leg Package• Stratum Vault Board• Foam Mount Block	<ul style="list-style-type: none">• AAI Balance Beam• Stratum or AAI Tac 10 Vault Board• Foam Mount Block• 10cm x 7' x 10' Throw Mat• 5' x 10' Sting Mat	<ul style="list-style-type: none">• Baltic Russian Birch Floor 42' x 42' with Power E springs• 1-3/8" x 6' x 42' Carpet Bonded Foam with Velcro• Baltic Russian Birch Tumble Strip 8' x 60' with Power E springs• Spring Floor Corner Blocks• Vinyl Skirt for Floor Perimeter• 5' x 10' Sting Mat

Petition Forms: All petition forms must be sent to Donna Guenther (SACC) for approval. If you need to petition an athlete, please email the completed petition to Donna at pausag155@gmail.com

Coaches Verification: All coaches planning on coaching during the competition **MUST** be registered through MeetMaker for USA Gymnastics professional membership verification. Coaches must present current USAG Pro Member card at sign in. Any coach not registered will be unable to coach until membership verification has been completed.

Meet Updates: Meet updates will be emailed to the email address used when registering through MeetMaker.

Scoring: Final results will be posted online at www.pagymnastics.com and www.centreeelitegymnastics.com/

Meet Vendors:

- Center Elite Team Booster Club
- Champion Designs Company
- GK Elite Sportwear

Host Hotels:

Holiday Inn Express- 1925 Waddle Road, State College, PA 16803

For Reservations please call 814-867-1800 use code XCL

\$95/ Night

Fairfield Inn & Suites- 2215 N. Atherton Street, State College, PA 16803

For Reservations please call 814-238-3871 use code XCCP

\$89/ Night

Hampton Inn & Suites- 1955 Waddle Road, State College, PA 16803

For Reservations please call 814-231-1899 use code XCL

\$99/ Night

SpringHill Suites by Marriot- 1935 Waddle Road, State College, PA 16803

For Reservations please call 814-867-1807. Press 0 at recording & give code XSCP

\$104 / Night

2020 PA XCEL STATE CHAMPIONSHIPS T-SHIRT PRE ORDER FORM

	Gymnasts Name	Size- Circle One
1		CM CL AS AM AL XL
2		CM CL AS AM AL XL
3		CM CL AS AM AL XL
4		CM CL AS AM AL XL
5		CM CL AS AM AL XL
6		CM CL AS AM AL XL
7		CM CL AS AM AL XL
8		CM CL AS AM AL XL
9		CM CL AS AM AL XL
10		CM CL AS AM AL XL
11		CM CL AS AM AL XL
12		CM CL AS AM AL XL
13		CM CL AS AM AL XL
14		CM CL AS AM AL XL
15		CM CL AS AM AL XL

Team Name: _____

Contact: _____ Phone Number: _____

Total Number of Shirts _____ x \$16.00 = \$ _____ enclosed.

Orders due by Feb. 21, 2020

Make Checks Payable to : CEGTBC

Mail form and checks to: Centre Elite Gymnastics– Attn: Heather Kikel

177 Champion Drive,
State College, PA 16803

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SENIOR BIO INFORMATION

Please have your senior gymnasts complete this form and return it via email- along with a photo- to heather@centreelitegym.com. We must have this form and photo by Friday, February 21, 2020. If we do not have the completed form by this date, we will not be able to include the senior in the meet program, and may not be able to recognize them at the meet.

Gymnasts Name: _____

Hometown: _____ Age: _____

Favorite Color: _____

Parents Names: _____

Parents Email Address: _____

High School: _____

Club Name: _____

Coaches: _____

Years In Gymnastics: _____ Favorite Event: _____

Career Highlights: _____

Future Plans: _____

College: _____ Major: _____

2020 PA XCEL STATE CHAMPIONSHIPS

LOCAL DINING & POINTS OF INTEREST AT PENN STATE DINING

Brothers Pizza: 783 S. Eagle Valley Road, Bellefonte. www.brotherspizzacentrehall.com

Olive Garden: 1945 Waddle Road, State College. www.olivegarden.com

Outback Steakhouse: 1905 Waddle Road, State College. www.outbacksteakhouse.com

Texas Roadhouse: 1885 Waddle Road, State College. www.texasroadhouse.com

Cracker Barrel Old Country Store: 215 Colonnade Blvd., State College. www.locations.crackerbarrel.com

Otto's Pub and Brewery: 2235 N. Atherton Street, State College. www.ottospubandbrewery.com

Barrel 21 Distillery and Dining: 2255 N. Atherton Street, State College. www.barrel21distillery.com

The Field Burger & Tap: 1 Country Club Lane, State College. www.toftrees.com

Applebee's: 12 Colonnade Way, State College. www.restaurants.applebees.com

Red Lobster: 1670 N. Atherton Street, State College. www.redlobster.com

Happy Valley Brewing Company: 137 Elmwood Street, State College. www.happyvalleybeer.com/

Camps Sports Grill: 1611 N. Atherton Street, State College. www.champssportsgrill.net

POINTS OF INTEREST

Nittany Lion Shrine: The Nittany Lion, sculpted from a large block of Indiana limestone by noted sculptor Heinz Warneke, was presented by the class of 1940. Located near the Recreation Building on the Penn State Main Campus, the Lion Shrine is one of the most popular places on campus and is said to be the most photographed site on campus. <http://www.psu.edu/ur/about/nittanyshrine.html>

The Berkey Creamery: For over 150 years, the Creamery has been a landmark at Penn State. Some of the biggest names in ice cream making- including Ben & Jerry, Baskin- Robbins and Haagen-Dazs- have attended the Creamery's legendary ice cream short course- held for just 6 days a year - to learn how to craft the perfect ice cream. www.creamery.psu.edu

Penn State All Sports Museum: Located in the southwest corner of Beaver Stadium, the Penn State All Sports Museum offers visitors a firsthand look at the athletic history, heritage and traditions of one of the greatest universities in the nation. Take a peak inside Beaver Stadium from the Mount Nittany Club and view the multiple exhibits throughout the two level, 10,000 sq. ft. facility. www.gopsusports.com/museum/

Downtown State College: Downtown State College is the premier business, cultural and entertainment destination in Centre County. Need retail therapy? The downtown shops feature an eclectic mix of both retail chains and independent local shops. Famished after a day of shopping? The downtown restaurant scene has something for everyone, from the casual diner to the cultured foodie!

2020 PA XCEL STATE CHAMPIONSHIPS GOOD LUCK ADS

Advertisements Specs:

All ads must be supplied as JPG files. If requested, Centre Elite will create an ad for your approval for an additional fee (please see pricing) If you choose to have Centre Elite create your ad, please provide any photos, specific wording etc. that you would like included in the ad. Ads created by Centre Elite will be emailed back for final approval.

Ads must be emailed to heather@centreelitegym.com by Friday February 21, 2020

Payments must be received by Friday February 28, 2020*.

Make Checks Payable to CEGTBC and mail to:

Centre Elite Gymnastics

c/o Heather Kikel

177 Champion Drive

State College, PA 16803

*If payment is not received by cut off date, ad will not be included in the program.

FULL PAGE

SIZE: 8 X 10.5

\$75- Ad Provided

\$85- Centre Elite Creates Ad

Ink- Greyscale

HALF PAGE

SIZE: 8 X 5

\$35- Ad Provided

\$45- Centre Elite Creates Ad

Ink- Greyscale

QUARTER PAGE

SIZE: 3.875 X 5

\$20- Ad Provided

\$25- Centre Elite Creates Ad

Ink- Greyscale

1/8 TH PAGE

SIZE: 3.875 X 2.5

\$15- Ad Provided

\$20- Centre Elite Creates Ad

Ink- Greyscale

Please email heather@centreelitegym.com as soon as possible to confirm ad size. Artwork and/or Ad must be received no later than Friday, Feb. 21, 2020.

Ads should be submitted in .jpg format to heather@centreelitegym.com

Make Checks Payable to CEGTBC and mail to:

Centre Elite Gymnastics

c/o Heather Kikel

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2020 PA XCEL STATE CHAMPIONSHIPS TICKET PRICES

AGES	1 DAY	2 DAY	3 DAY
Ages 5 and Under	FREE	FREE	FREE
Ages 6 and Up	\$10.00	\$15.00	\$20.00
Senior Citizens (over 65)	\$7.00	\$10.00	\$15.00
Scorebooks	\$3.00	\$3.00	\$3.00

There will be no free admission or discounts given for USA Gymnastics registered athletes or coaches not participating in the 2020 PA Xcel State Championships. Competitors of the 2020 PA Xcel State Championships may attend other sessions without charge.