# 2024 PA STATE CAMP

# **LEAP INTO LEARNING**



The "Leap into Learning" Pennsylvania State Camp is a fantastic training opportunity for not only our Pennsylvania gymnasts but coaches too. The Pennsylvania Committee is ready to spread our collective knowledge while building a strong foundation for your team. Can you tell me a better way to start a new competitive season and have fun with some summer upgrades, new friends and feeling PA strong?

This one-day camp is open for gymnasts participating in Developmental Levels 4-8 and Xcel Gold-Sapphire! All Event Training is included, plus Yoga,

Trampoline, Live Judges Critiques. Coaches are invited, but not required to attend!

# SATURDAY, JULY 20 & SUNDAY, JULY 21 2024

AT

## **CENTRE ELITE GYMNASTICS**

177 CHAMPION DRIVE \* STATE COLLEGE, PA 16901

## **GYMNAST INFORMATION**

\$150 PER GYMNAST

**GK CAMP LEOTARD INCLUDED IN REGISTRATION** 

#### **TENTATIVE DAILY SCHEDULE**

\*REGISTRATION-8:00AM \*PICK-UP- 4:30PM\*

#### <u>SATURDAY</u>

**LEVELS 4, 5 AND XCEL GOLD & PLATINUM** 

#### <u>SUNDAY</u>

**LEVELS 6,7,8 AND XCEL DIAMOND & SAPPHIRE** 

\*\*LEVEL IS BASED ON THE 2023-2024 SEASON\*\*

### **COACHES INFORMATION**

**FREE FOR EVERY 5 GYMNASTS REGISTERED** 

# \$25 FOR ADDITIONAL COACHES <u>OR</u> COACHES ATTENDING WITHOUT ATHLETES

- Quality time learning how to apply practical drills and techniques to your everyday workouts
- Critiques, Q&A and live sessions with PA Judges
- Ways to apply yoga & trampoline to your practice

\*COACHES ARE ENCOURAGED, BUT NOT REQUIRED TO ATTEND WITH YOUR ATHLETES\*

#### GYMNAST AND COACHES ARE REQUIRED TO HAVE AN UP TO DATE USAG MEMBERSHIP

All registration must be submitted through USAG Meet Reservation and payment completed through MeetMaker.

Search: 2024 PA State Clinic

GK PA leotard is included for all registered participants. Please use the following sizing chart link to confirm your gymnast's leotard size. Enter their size using the drop down menu provided through MeetMaker.

Contact: PAUSAGeducation@gmail.com or PAUSAG155@gmail.com

# **Host Hotel Information:**

#### Ramada Conference Centre by Wyndham -

1450 South Atherton Street, State College, PA 16801

For Reservations Call 814-238-3001 Use Group Code: PAGYM7.24

Or Book Online at: RAMADA CONFERENCE CENTER

\$134/ Night. Must Book Before 6/28/24

#### Hampton Inn State College -

1101 E. College Avenue, State College, PA 16801

For Reservations Call 814-231-1590 Refer to Centre Elite/PA State Clinic Or Book Online at: HAMPTON INN

STATE COLLEGE

\$159/ Night. Must Book Before 6/28/24

#### Holiday Inn Express -

1925 Waddle Road, State College, PA 16803

For Reservations Call 814-867-1800 Use Group Code: PSC

Or Book Online at: HOLIDAY INN EXPRESS

\$199/ Night Book Before 6/28/24

#### Springhill Suites -

1535 Waddle Road, State College, PA 16803

For Reservations Call 814-861-1807 Use Group Code: PSCS

Or Book Online at: **SPRINGHILL SUITES** 

\$219/ Night Book Before 6/28/24

#### Fairfield Inn & Suites - \$219/ Night Book Before 6/28/24

2215 North Atherton Street, State College, PA 16803

For Reservations Call 814-238-3871

Or Book Online at: FAIRFIELD INN & SUITES

\$219/ Night Book Before 6/28/24

#### **Local Dining**

Olive Garden: 1945 Waddle Road, State College www.olivegarden.com

Outback Steakhouse: 1905 Waddle Road, State College www.outbacksteahouse.com

**Texas Roadhouse:** 1885 Waddle Road, State College www.texasroadhouse.com

Cracker Barrel Old Country Store: 215 Colonnade Blvd., State College www.crackerbarrel.com
Otto's Pub and Brewery: 2235 N. Atherton Street, State College www.ottospubandbrewery.com
Barrel 21 Distillery and Dining: 2255 N. Atherton Street, State College www.barrel21distillery.com

**Applebees:** 12 Colonnade Way, State College www.restaurants.applebees.com

Red Lobster: 1670 N. Atherton, State College www.redlobster.com

Champs Sports Grill: 1611 N. Atherton Street, State College www.champssportsgrill.net

Happy Valley Brewing Company: 137 Elmwood Street, State College www.happyvalleybeer.com

#### Local Points of Interests

**Nittany Lion Shrine:** The Nittany Lion, sculpted from a large block of Indiana limestone by noted sculptor Heinz Warneke, was presented by the class of 1940. Located near the Recreation Building on the Penn State main campus, the Lion Shrine is one of the most popular places on campus and is said to be the most photographed site on campus. <a href="http://www.psu.edu/ur/about/nittanyshrine.html">http://www.psu.edu/ur/about/nittanyshrine.html</a>

**The Berkey Creamery:** For over 150 years, the Creamery has been a landmark at Penn State. Some of the biggest names in ice cream making - including Ben & Jerry, Baskin-Robbins and Haagen-Dazs - have attended the Creamery's legendary ice cream short course, held for just 6 days a year, to learn how to craft the perfect ice cream. <a href="www.creamery.psu.edu">www.creamery.psu.edu</a>

**Penn State All Sports Museum:** Located in the southwest corner of Beaver Stadium, the Penn State All Sports Museum offers visitors a firsthand look at the athletic history, heritage, and traditions of one of the greatest universities in the nation. Take a peek inside Beaver Stadium from the Mount Nittany Club and view the multiple exhibits throughout the two level, 10,000 sqft facility. <a href="https://www.gopsusports.com/museum">www.gopsusports.com/museum</a>

**Downtown State College:** Downtown State College is the premier business, cultural and entertainment destination in Centre County. Need retail therapy? The downtown shops feature an eclectic mix of both retail chains and independent local shops. Famished after a day of shopping? The downtown restaurant scene has something for everyone, from the casual diner to the cultured foodie.