

**X-CEL GYMNASTICS AND THE XQUISITE PARENT ORGANIZATION
ARE PROUD TO BRING YOU THE**



Pennsylvania Level 4&5 State Championships

May 3-5, 2024

- Meet Directors:** Cara Blumenschein & Maya Lantagios
carablumenschein@xcelgymnastics.com
724-772-0055
- Venue Details:** Moon Area High School
8353 University Blvd
Coraopolis, PA 15108
- Meet Website:** <https://www.xquisitegymnastics.com/pa-level-4-5-championships>
- Registration Link:** <https://www.meetmaker.com/meetdetails?eid=8306>
- Entry Fees:** \$125 per Gymnast
No Team Fee for Level 4
\$50 per 3 Person Team for Level 5
- Deadline:** April 12, 2024
- Late Fee:** \$25 per Gymnast

COMPETITION INFORMATION

2024 Level 4&5 State Championships

- Registration:** Level 4 qualifying score 33.00AA
Level 5 qualifying score 32.00AA
- All reservations must be made through USAG Meet Reservations and MeetMaker.com. Online payment is required at the time of registration. A late fee will be added for registrations completed after the registration deadline.
- Meet Format:** Modified Capital Cup: 2 Gyms with 2 sets of identical equipment and 2 floors. Gym A competes on one set of equipment, Gym B on the other. Timed warm-ups per level of gymnast will occur prior to competition– there will be no 30 second touch.
- Music:** All floor music must be downloaded to an iPad, iPod or MP3 player before the competition. Online streaming or downloading of music may not be available.
- Competition Division:** Level 4 gymnasts will compete with their Team.
Level 5 gymnasts will be broken into equal age divisions, determined by birth dates as of the LAST day of the state meet. Divisions and session information will be determined after the registration deadline.
- Awards:** Individual and All-Around awards will be presented to each session at the conclusion of competition going out to at least 25%. Level 5 team awards will be awarded to 50% of the teams entered, not to exceed 10 places. Level 4 athletes will receive a participation award, there are no team awards for Level 4.
- Schedule:** Final session times will be emailed to addresses used to register athletes in MeetMaker as well as posted to pagymnastics.com, meetmaker.com and xquisitegymnastics.com.
- Coaches Information:** All coaches on the floor must have full USAG credentials and be entered through MeetMaker to verify their USAG credentials. Coaches must present their current USAG Professional Member card at sign in. Any coach not registered will be unable to coach until membership verification has been completed.
- Meet Updates:** Meet updates will be emailed to the email address used when registering athletes in MeetMaker.

COMPETITION INFORMATION

2024 Level 4&5 State Championships

- Scoring:** Final results will be posted online at pagymnastics.com and meetscoresonline.com
- Equipment:** Equipment and matting will be provided by Mancino Manufacturing.
- Action Photos:** Live action photos of all gymnasts provided by Eric Matson will be taken on beam and floor! Pre-order online for a discount, or order in person at the meet. <http://www.empgymnastics.com/states.html>
- Meet Apparel:** Gymnasts' State Meet T-Shirts are available for pre-order for \$20. All orders must be received by April 12, 2024. A variety of Official State Championship merchandise provided by Northwest Designs Ink will be available to purchase on-site.
- Admission Pricing:** Entry fee is \$15 per person, per day.
- Competitors of the 2024 L4&5 State Championships may attend other sessions at no charge. There is no discount for USAG registered athletes or coaches NOT participating in the 2024 L4&5 State Championships.

T-SHIRT PRE ORDER FORM

2024 Level 4&5 State Championships

	Gymnast Name	T-Shirt Size (Circle)						
1.		CS	CM	CL	AS	AM	AL	AXL
2.		CS	CM	CL	AS	AM	AL	AXL
3.		CS	CM	CL	AS	AM	AL	AXL
4.		CS	CM	CL	AS	AM	AL	AXL
5.		CS	CM	CL	AS	AM	AL	AXL
6.		CS	CM	CL	AS	AM	AL	AXL
7.		CS	CM	CL	AS	AM	AL	AXL
8.		CS	CM	CL	AS	AM	AL	AXL
9.		CS	CM	CL	AS	AM	AL	AXL
10.		CS	CM	CL	AS	AM	AL	AXL
11.		CS	CM	CL	AS	AM	AL	AXL
12.		CS	CM	CL	AS	AM	AL	AXL
13.		CS	CM	CL	AS	AM	AL	AXL
14.		CS	CM	CL	AS	AM	AL	AXL
15.		CS	CM	CL	AS	AM	AL	AXL
		CS	CM	CL	AS	AM	AL	AXL
TOTALS								

Team Name _____

Contact Name _____ Email _____

Total # of Shirts _____ x \$20.00 = \$_____ (enclosed)

Orders due by: April 12, 2024

Make Checks payable to: X-Cel Gymnastics Parent Organization

Mail form and payment to: X-Cel Gymnastics Parent Organization
 220 Executive Drive
 Cranberry Township, PA 16066

LOCAL HOTEL INFORMATION

2024 Level 4&5 State Championships

[DoubleTree by Hilton Pittsburgh Airport](#)

8402 University Blvd, Coraopolis, PA 15108

[Room Block Link](#)

Group Code: CEL

Fairfield Inn & Suites by Marriott Pittsburgh Airport/Robinson Township

1004 Sutherland Dr., Pittsburgh, PA 15205

[Room Block Link](#)

[LaQuinta Inn by Wyndham Pittsburgh Airport](#)

8507 University Blvd., Moon Township, PA 15108

[Hampton Inn Pittsburgh Airport](#)

8514 University Blvd. Moon Township, PA 15108

[Hilton Garden Inn Pittsburgh Airport](#)

9600 University Blvd., Moon Township, PA 15108

[Sheraton Pittsburgh Airport](#)

1160 Thorn Run Road Extension, Coraopolis, PA 15108

[Courtyard Pittsburgh Airport](#)

450 Cherrington Parkway, Coraopolis, PA 15108

SENIOR BIO INFORMATION

2024 Level 4&5 State Championship

Please have your senior gymnasts complete this form and return it via email - along with a photo - to carablumenschein@xcelgymnastics.com.

We must have this form and photo by April 12, 2024. If we do not have the form by this date, we will not be able to recognize the senior for the meet.

Gymnast Name: _____

Hometown: _____ Age: _____

Parent's Names: _____

High School: _____

Club Name: _____

Coaches: _____

Years in Gymnastics: _____ Favorite Event: _____

Career Highlights or Accomplishments you're proud of: _____

Future Plans: _____

Words of Wisdom for Younger Athletes: _____
