

REGIONAL QUALIFICATION PROCEDURES FOR REGION 7

On this document you will find Regional information, as well as a Pre-Qualification form that needs to be completed before your state meet. If you need more detailed information or have questions, please contact your state chair** (Carla Ceralde: PAUSAG155@gmail.com)

Please complete for each gymnast according to her level by the deadline date.

Level	Deadline to be completed	Pre-Qualification Form Link
10	March 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLSc_Ldya6gGHnjFBsowgN7UrHO853bmWJ6XPOU_rdd-TwRM6VA/viewform?usp=sf_link
9	March 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLScmy8ha6UU0QfmRo7dMaEMzxNja-zVrcS1IVpUIhLU-FkJ0QA/viewform?usp=sharing
Sapphire	May 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLSfMhm1_leJJcocuWgmYujqH_bVZW8-Zn-aloHje0lq8JjIKog/viewform?usp=sharing
Diamond	May 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLScrfiy9V_WJvQ6PSqwcRKYXiCMsezpMDVFqpJ3i87jglG3UcA/viewform?usp=sharing
Platinum	May 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLSfitiODDNxsqbDUcYeFtT2vlolzZmTvUKHLU2PvzX2eKQsFYQ/viewform?usp=sharing
Gold	May 11, 2024	https://docs.google.com/forms/d/e/1FAIpQLScCrwN7srqhEEbwdUoej6lcFyk7_Hb1yom6di8H8qTI5BakRA/viewform?usp=sharing

Below are details on qualifying to Regionals for each level. This can also be found on the Regional Website.

Level	Qualification score	Additional notes/details
7	35.5 at States No IES	*Date: April 19-21, 2024. Location: Ursinus College - Floyd Lewis Baker Center, 601 E Main St., Collegeville Pa 19426 ** *Region 7 tank leotard available for purchase if desired , not required. *Injury petition accepted with a 36.5 AA score. Please see R&P for petitioning procedures.
8	35 at States State team – top 8 No IES	*Date: April 19-21, 2024. Location: Ursinus College - Floyd Lewis Baker Center, 601 E Main St., Collegeville Pa 19426** *State team = top 8 regardless of age division will compete in the prestigious State meet session. *All competitors receive a Region 7 Level 8 leotard to wear during the competition. *Injury petitions accepted with a 36 AA score. Please see R&P for petitioning procedures.
9	34 at States 35 to prequalify	*Date: April 11-14, 2024. Location: The Nittany Valley Sports Center, 177 Champion Dr., State College Pa. 16803 *** *IES score: 9.0 from States, 9.2 to petition (no prequalification for IES). *Injury petition accepted with a 35 AA score. Please see R&P for petitioning procedures. *Prequalification to regionals includes registering and participating in the State meet to qualify.
10	34 at States. 35 to prequalify	*Date: April 11-14, 2024. Location: The Nittany Valley Sports Center, 177 Champion Dr., State College Pa. 16803 *** *IES score: 9.0 from States, 9.2 to petition (no prequalification for IES). *Injury petition accepted with a 35 AA score. Please see R&P for petitioning procedures. *Prequalification to regionals includes registering and participating in the State meet to qualify

****IMPORTANT: Level 7 & 8 Regionals will be running simultaneously in 2 gyms (Level 7 in one gym, Level 8 in the other). Coaches may have athletes competing in 2 gyms at the same time. Please plan accordingly.**

*****Typically, Level 10's will go first (Thurs & Fri) with Level 9's second (Fri – Sun).**

REGIONAL QUALIFICATION PROCEDURES FOR REGION 7 XCEL PROGRAM

****If you need more detailed information or have questions, please contact your state chair****

Level	AA Qualification score	Additional notes/details
Xcel G	35 at States 36 to prequalify	*A Region 7 tank leotard will be available for purchase if desired , not required. *IES score: 9.0 at States, 9.2 prequalification. *Injury petition accepted with a 36 AA score. Please see R&P for petitioning procedures. * Prequalification to regionals includes registering and participating in the State meet to qualify.
Xcel P	35 at States 36 to prequalify	*A Region 7 tank leotard will be available for purchase if desired , not required. *IES score: 9.0 at States, 9.2 prequalification. *Injury petition accepted with a 36 AA score. Please see R&P for petitioning procedures. ** Prequalification to regionals includes registering and participating in the State meet to qualify.
Xcel D	35 at State 36 to prequalify	*Region 7 tank leotard provided to wear during competition. *IES score: 9.0 at States, 9.2 prequalification. *Injury petition accepted with a 36 AA score. Please see R&P for petitioning procedures. * Prequalification to regionals includes registering and participating in the State meet to qualify.
Xcel SA	33 at States 34 to prequalify	*Region 7 tank leotard provided to wear during competition. *IES score: 9.0 at States, 9.2 prequalification. *Injury petition accepted with a 34 AA score. * Prequalification to regionals includes registering and participating in the State meet to qualify.

Date: May 16 – 19, 2024.

Location: The Miller Center, 120 Hardwood Drive, Lewisburg Pa 17837

Hosted by: Region 7 and Dynamats Gymnastics

****COACHES: We will be running 2 gyms simultaneously (exactly like last year) so it's possible you will have athletes competing in different gyms at the same time (Gym A & Gym B). Please plan accordingly.**