



IN MY *gymnastics* ERA

PA LEVEL 8, 9, & 10 STATE CHAMPIONSHIP

MARCH 21-23, 2025





2025 Pennsylvania Level 8, 9 & 10 State Championships

COMPETITION INFORMATION

Cumberland Gymnastics extends our congratulations to your gymnasts on qualifying to the 2025 Pennsylvania Level 8, 9, and 10 Championships. We hope you have a great trip and look forward to seeing you soon! Please continue to check the web page <http://cumberlandgymnastics.org> for continued updates. Gymnast entries will only be accepted through <http://www.meetmaker.com/>.

Date: March 21-23, 2025

Host Club: Cumberland Gymnastics
(717) 245-0561

Meet Director: Melanie Heckert
Please send all inquiries to: cumberlandgym@gmail.com
Phone: (717) 422-8989

Competition Site: Spooky Nook Sports Complex
75 Champs Blvd
Manheim, PA 17545

Age Groups: Age groups will be determined once all entries have been received.

Awards: Individual and All-Around awards will be presented to each age group at the conclusion of each competitive session going out 25%. Team awards will be awarded to 50% of teams entered not to exceed 10 places at the conclusion of the weekend of competition.

Coaches Information: Coaches MUST HAVE your current USAG Pro-member card at sign-in. There will be a coaches meeting at the beginning of each session.

Schedule: Will be posted on www.cumberlandgymnastics.org

Directions: Please see the information located on the "Directions" page.

Entry Fee(s): The entry fee is \$145 per gymnast. ALL registration and fees must be submitted on <http://www.meetmaker.com/>. Entry deadline is February 28th. Late fee of \$25 will be applied after March 14th in Meet Maker. Team fee is \$50 per team.

Equipment: Modified Capital Cup Format – Spieth will be the equipment supplier.

Floor Music: All media formats must be on an iPad, iPod, or MP3.

Admission Fees:

Admission	\$20 per day (student, military & senior discounts)
Parking	\$10 per day

*****All competitors may attend other sessions free of charge however, they may NOT be on the competition floor.***

Host Hotels: Will be posted on www.cumberlandgymnastics.org

Seniors: Please make sure your graduating seniors fill out and return the bio information form to cumberlandgym@gmail.com by February 28th, 2025.

Scores: Scores will be available live during the competition.



Meet Site: Spooky Nook Sports Complex

Directions:

FROM ROUTE 283 TRAVELING WEST FROM LANCASTER:

Take Salunga Exit.

Make immediate right on to Champ Blvd and then take a left (1/4 mile) onto "Olympic Drive".

FROM ROUTE 283 TRAVELING EAST FROM HARRISBURG:

Take Salunga Exit.

At the stop sign, make a left on to Spooky Nook Rd

Drive (2/10 mile) and turn right onto Champ Blvd

Take a left (1/4 mile) onto "Olympic Drive".

FROM PA TURNPIKE LANCASTER/LEBANON INTERCHANGE (EXIT 266):

Head South on Route 72/Lebanon Road towards Lancaster from the turnpike exit.

Turn right onto Market Square / Route 772 West / W High Street.

Turn left onto S. Colebrook Road.

Turn right onto Landisville Road.

Enter Champ Blvd on the left and then take a left (1/4 mile) onto "Olympic Drive".

FROM PHILADELPHIA INTERNATIONAL AIRPORT:

Take I-476 N to Exit 16B to merge onto I-76 W toward Valley Forge.

Stay on I-76 W toward Harrisburg.

Take Exit 286 to U.S. 222 S toward Lancaster.

Continue onto U.S. 30 W.

Stay left to take PA-283 W.

Take the Salunga Exit.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".

FROM BALTIMORE WASHINGTON INTERNATIONAL AIRPORT:

Take I-695 N toward York, PA.

Take I-83 N towards I-30 E.

Take U.S. 30 E toward Lancaster.

Take the Prospect Road Exit from Route 30.

Turn Left onto Prospect Road and proceed for 4.7 miles.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".

FROM I-81 TRAVELING SOUTH FROM WILKES-BARRE/SCRANTON:

Head South on I-81 to Exit 80 for PA-743 toward Grantville/Hershey.

Turn Left onto Bow Creek Rd/ PA-743.

Turn Right onto E Derry Rd.

Turn Left onto E Mansion Rd.

Turn right onto E Chocolate Ave.

Turn left onto Homestead Rd.

Turn left onto State Hwy 743 S/Elizabethtown Rd.

Turn left to merge onto PA-283 E toward Lancaster.

Take the Salunga Exit.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".



2025 Pennsylvania

Level 8, 9, and 10 State Championship

SENIOR INFORMATION FORM

Please have your senior athletes complete this form and return via email to cumberlandgym@gmail.com. We must have this form by February 28th.

NAME: _____

Email: _____

PARENT'S NAMES: _____

CLUB: _____

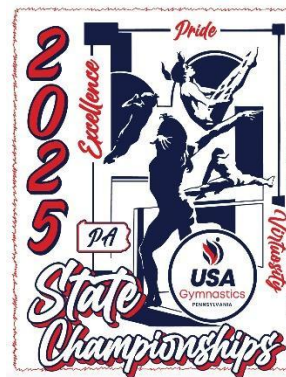
COACHES: _____

YEARS IN GYMNASTICS: _____

CAREER HIGHLIGHTS: _____

FUTURE PLANS and WORDS OF WISDOM FOR YOUNGER ATHLETES: _____

T-Shirt Pre Order Form



	Gymnasts Name	Size- Circle One
1		CS CM CL AS AM AL XL
2		CS CM CL AS AM AL XL
3		CS CM CL AS AM AL XL
4		CS CM CL AS AM AL XL
5		CS CM CL AS AM AL XL
6		CS CM CL AS AM AL XL
7		CS CM CL AS AM AL XL
8		CS CM CL AS AM AL XL
9		CS CM CL AS AM AL XL
10		CS CM CL AS AM AL XL
11		CS CM CL AS AM AL XL
12		CS CM CL AS AM AL XL
13		CS CM CL AS AM AL XL
14		CS CM CL AS AM AL XL
15		CS CM CL AS AM AL XL

Team Name: _____

Contact: _____ Email: _____

Total # of Shirts _____ x \$16.00= \$ _____ Enclosed

Orders due by February 28, 2025

Make checks payable to Cumberland Gymnastics

Mail form & payment to: Cumberland Gymnastics- Attn: Pa State Tshirt

221 Petersburg Rd.
Carlisle, Pa 17013