



# INMY *gymnastics* ERA

PA LEVEL 8, 9, & 10 STATE CHAMPIONSHIP

MARCH 21-23, 2025





# 2025 Pennsylvania Level 8, 9 & 10 State Championships

## COMPETITION INFORMATION

Cumberland Gymnastics extends our congratulations to your gymnasts on qualifying to the 2025 Pennsylvania Level 8, 9, and 10 Championships. We hope you have a great trip and look forward to seeing you soon! Please continue to check the web page <http://cumberlandgymnastics.org> for continued updates. Gymnast entries will only be accepted through <http://www.meetmaker.com/>.

**Date:** March 21-23, 2025

**Host Club:** Cumberland Gymnastics  
(717) 245-0561

**Meet Director:** Melanie Heckert  
Please send all inquiries to: [cumberlandgym@gmail.com](mailto:cumberlandgym@gmail.com)  
Phone: (717) 422-8989

**Competition Site:** Spooky Nook Sports Complex  
75 Champs Blvd  
Manheim, PA 17545

**Age Groups:** Age groups will be determined once all entries have been received.

**Awards:** Individual and All-Around awards will be presented to each age group at the conclusion of each competitive session going out 25%. Team awards will be awarded to 50% of teams entered not to exceed 10 places at the conclusion of the weekend of competition.

**Coaches Information:** Coaches MUST HAVE your current USAG Pro-member card at sign-in. There will be a coaches meeting at the beginning of each session.

**Schedule:** Will be posted on [www.cumberlandgymnastics.org](http://www.cumberlandgymnastics.org)

**Directions:** Please see the information located on the "Directions" page.

**Entry Fee(s):** The entry fee is \$145 per gymnast. ALL registration and fees must be submitted on <http://www.meetmaker.com/>. Entry deadline is February 28th. Late fee of \$25 will be applied after March 7<sup>th</sup> in Meet Maker. Team fee is \$50 per team.

**Equipment:** Modified Capital Cup Format – Spieth will be the equipment supplier.

**Floor Music:** All media formats must be on an iPad, iPod, or MP3.

**Admission Fees:** Spectators - \$20  
Seniors (65+) & Military - \$15  
Children (6 and under) - Free

***\*\*All competitors may attend other sessions free of charge however, they may NOT be on the competition floor.***

Will be posted on [www.cumberlandgymnastics.org](http://www.cumberlandgymnastics.org)

**Host Hotels:**

**Seniors:** Please make sure your graduating seniors fill out and return the bio information form to [cumberlandgym@gmail.com](mailto:cumberlandgym@gmail.com) by February 28<sup>th</sup>, 2025.

Scores will be available live during the competition.

**Scores:**



## Meet Site: Spooky Nook Sports Complex

### Directions:

#### **FROM ROUTE 283 TRAVELING WEST FROM LANCASTER:**

Take Salunga Exit.

Make immediate right on to Champ Blvd and then take a left (1/4 mile) onto "Olympic Drive".

#### **FROM ROUTE 283 TRAVELING EAST FROM HARRISBURG:**

Take Salunga Exit.

At the stop sign, make a left on to Spooky Nook Rd

Drive (2/10 mile) and turn right onto Champ Blvd

Take a left (1/4 mile) onto "Olympic Drive".

#### **FROM PA TURNPIKE LANCASTER/LEBANON INTERCHANGE (EXIT 266):**

Head South on Route 72/Lebanon Road towards Lancaster from the turnpike exit.

Turn right onto Market Square / Route 772 West / W High Street.

Turn left onto S. Colebrook Road.

Turn right onto Landisville Road.

Enter Champ Blvd on the left and then take a left (1/4 mile) onto "Olympic Drive".

#### **FROM PHILADELPHIA INTERNATIONAL AIRPORT:**

Take I-476 N to Exit 16B to merge onto I-76 W toward Valley Forge.

Stay on I-76 W toward Harrisburg.

Take Exit 286 to U.S. 222 S toward Lancaster.

Continue onto U.S. 30 W.

Stay left to take PA-283 W.

Take the Salunga Exit.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".

#### **FROM BALTIMORE WASHINGTON INTERNATIONAL AIRPORT:**

Take I-695 N toward York, PA.

Take I-83 N towards I-30 E.

Take U.S. 30 E toward Lancaster.

Take the Prospect Road Exit from Route 30.

Turn Left onto Prospect Road and proceed for 4.7 miles.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".

#### **FROM I-81 TRAVELING SOUTH FROM WILKES-BARRE/SCRANTON:**

Head South on I-81 to Exit 80 for PA-743 toward Grantville/Hershey.

Turn Left onto Bow Creek Rd/ PA-743.

Turn Right onto E Derry Rd.

Turn Left onto E Mansion Rd.

Turn right onto E Chocolate Ave.

Turn left onto Homestead Rd.

Turn left onto State Hwy 743 S/Elizabethtown Rd.

Turn left to merge onto PA-283 E toward Lancaster.

Take the Salunga Exit.

Enter Champ Blvd (right off 283) and then take a left (1/4 mile) onto "Olympic Drive".



# 2025 Pennsylvania

## Level 8, 9, and 10 State Championship

### SENIOR INFORMATION FORM

Please have your senior athletes complete this form and return via email to [cumberlandgym@gmail.com](mailto:cumberlandgym@gmail.com). We must have this form by February 28<sup>th</sup>.

NAME: \_\_\_\_\_

Email: \_\_\_\_\_

PARENT'S NAMES: \_\_\_\_\_

CLUB: \_\_\_\_\_

COACHES: \_\_\_\_\_

YEARS IN GYMNASTICS: \_\_\_\_\_

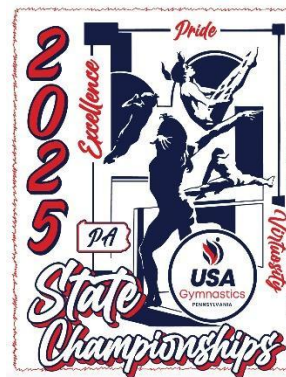
CAREER HIGHLIGHTS: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

FUTURE PLANS and WORDS OF WISDOM FOR YOUNGER ATHLETES: \_\_\_\_\_

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\_\_\_\_\_

# T-Shirt Pre Order Form



	Gymnasts Name	Size- Circle One
1		CS CM CL AS AM AL XL
2		CS CM CL AS AM AL XL
3		CS CM CL AS AM AL XL
4		CS CM CL AS AM AL XL
5		CS CM CL AS AM AL XL
6		CS CM CL AS AM AL XL
7		CS CM CL AS AM AL XL
8		CS CM CL AS AM AL XL
9		CS CM CL AS AM AL XL
10		CS CM CL AS AM AL XL
11		CS CM CL AS AM AL XL
12		CS CM CL AS AM AL XL
13		CS CM CL AS AM AL XL
14		CS CM CL AS AM AL XL
15		CS CM CL AS AM AL XL

Team Name: \_\_\_\_\_

Contact: \_\_\_\_\_ Email: \_\_\_\_\_

Total # of Shirts \_\_\_\_\_ x \$16.00= \$ \_\_\_\_\_ Enclosed

**Orders due by February 28, 2025**

Make checks payable to Cumberland Gymnastics

Mail form & payment to: Cumberland Gymnastics- Attn: Pa State Tshirt

221 Petersburg Rd.  
Carlisle, Pa 17013