

# PA Proud Scholarship



## ABOUT THE SCHOLARSHIP:

Pennsylvania USA Gymnastics is proud to be able to offer four (4) scholarships for graduating senior athletes, two (2) from the Development program, and two (2) from the Xcel program. PA USAG acknowledges the dedication, hard work, and the physical and emotional effort it takes to reach your senior year as a competitive gymnast. PA USAG aims to recognize 2 exceptional seniors who embody the spirit of PA Proud through their hard work, perseverance, accomplishments both inside and outside of the gym and who are able to share how gymnastics has helped shape them into the person they are today and who they want to be in the future!

## CRITERIA TO BE ELIGIBLE:

The PA Proud Scholarship will be offered to four (4) Gymnasts (2 from Development, 2 from Xcel) in the amount of \$2500 each.

To be considered, applicants must fulfill the following criteria:

- Artistic Gymnastics gymnast of ANY Level, currently competing within PA USAG.
- Graduating Senior
- Plans to attend a post- secondary school including: Trade Schools, 2 and 4 year Certificate Programs or College.

## APPLICATION REQUIREMENTS:

Interested candidates must submit the attached application, 1 page resume and an essay along with 2 letters of recommendation (1 letter must be from the athletes coach). Applications and supporting documents may be emailed to the PA USAG Scholarship Committee at [pausagscholarship@gmail.com](mailto:pausagscholarship@gmail.com). Please put PA Proud- (Applicants Name) in the subject line. **All documents should be sent as .pdf attachments, in one email if possible.** Letters of recommendation should be on letterhead of the Gym Club, School etc.

## REVIEW & AWARD PROCESS

The PA Proud Scholarship committee will review and rank all applicants with a final decision announced on or after 3/1/2026

- All applicants should confirm if this award will impact their eligibility for other forms of financial assistance.
- If an applicant is planning to continue competing gymnastics in college it is recommended that she contact the schools compliance department to disclose the scholarship and confirm that acceptance complies with NCAA policies.
- The scholarship recipients will provide the name of the school/ program they are attending, student identification information and the mailing address where the scholarship should be mailed. Checks will only be mailed directly to the school/ program the recipient is attending. Checks will not be mailed to the individual recipient.
- A letter from USA Gymnastics will accompany the scholarship check so that her schools/ programs tuition can be credited accordingly.

# PA Proud Scholarship Application Form



**Application Deadline: January 31, 2026**

Please email all applications and supporting documents to  
pausagscholarship@gmail.com

Applicants Legal Name: \_\_\_\_\_

Applicants Home Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Applicants Email Address: \_\_\_\_\_

Applicants High School: \_\_\_\_\_

Applicants GPA: \_\_\_\_\_

Applicants Gymnastics Club: \_\_\_\_\_

Applicants Coach(es): \_\_\_\_\_

Coaches Email Address(es): \_\_\_\_\_

Applicants Competitive Level: \_\_\_\_\_

Please list any other financial assistance you have received for your program/ college (this does not effect applicants eligibility for the PA Proud Scholarship).

Please list any financial obstacles to attend your program/ college.

Please attach a 1 page resume. Resume should include items such as extracurricular activities, jobs, other sports, academic honors and outside interests- anything you want the scholarship committee to know about you.

Please attach an essay- 500 words or less- about on of the following topics:

- What gymnastics has taught you and how it has affected your life.
- How has gymnastics had a positive impact on your life in and/or out of the gym?
- What skills has gymnastics taught you that you will take with you after you leave the sport?
- What advice would you give to a younger gymnast?

Please include 2 letters of recommendation. One MUST be from a current gymnastics coach. One additional should be from a non-family member, outside of gymnastics (i.e. a teacher, boss, school counselor).